

# 10 Secrets



to a

# Successful

Life  After

# 50Something!

*I*s it true that success is only for the young? Absolutely not. According to the Bureau of Labor Statistics, 50Something-year-olds are among the highest income earners of any age group. They generally have more experience (life and professional) and use that experience to increase their income. BUT as they approach their mid to late 50s, something drastic happens...

Due to downsizing (both voluntary and involuntary including early retirement), changes in technology, global influences that affect the job market, health issues and more, 50Somethings find themselves experiencing a dramatic drop in their income, some of them earning almost half of what they earned just a few years ago. So then what happens...

Many 50Somethings go in search for additional or higher incomes and find themselves almost incapable of making a change.

The secrets revealed in this report are compiled from the most successful 50Somethings in business (self-owned), corporate America (high level executives), and entertainment. These secrets are for those of you who have already seen your previously "invulnerable" jobs, companies and even industries derailed by technological or global change; those who have grown restless or burned out in your current businesses or professions; and those who have "flunked retirement," finding the so-called golden years mind-numbingly boring.

Enjoy!

## 10 Secrets to a Successful Life After 50

1. Be at peace with the decisions you make professionally and personally. Second guessing yourself at every turn only results in stagnation, becoming afraid to do anything. Try it. If it works, hurray. If it doesn't, chalk it up as experience and try again.
2. Take risks and don't be concerned about the outcome. You can only learn when you are at risk.
3. Surround yourself with successful people. This is your opportunity to learn from the experience of other successful people.
4. Learn from and cherish your failures. Use your personal failures as a teacher in your business and in life. If you fail, take the lesson and move on.
5. Fight like mad against obsolescence – look to do something new. If you don't know the latest technology, learn it. If there are new theories or processes in your current profession, learn them. If using Voxer, OoVoo, Google Video Chat, Instagram, Pinterest, and other technologies will advance your business or career, use them. Remain current and you will remain vital.
6. Have a true entrepreneurial attitude. Be dedicated and refuse to quit when things get tough.
7. Take care of your body. Exercise, good nutrition and adequate rest are at the core of achieving the success you seek.
8. Create a blueprint or vision of what you want your life to look like and then go achieve it.
9. Take time to reboot or refresh. You can't be at the top of your game if you are always working and striving to achieve. Take some time for you!
10. Help other people succeed. Use your experience, knowledge and passion to help people you see who are struggling to make a change in their life.

**Now is the time!**

**Don't settle for mediocrity. Take charge and seek the success that you may have had and seize the moment!**

View my blog at [www.50Somethinglifestyle.com](http://www.50Somethinglifestyle.com)